

Spring Home Renewal

A Simple and Effective Approach to Spring Cleaning©

by Mary Sigmann, CPO®

Spring is a time of transition and renewal – a time to clean out, clean up and make way for the new. Some people look forward to the process and the wonderful sense of rejuvenation and peace that comes with it, while others are overwhelmed by the thought of where to start.

Either way, here are four tips for making the seasonal transition and home renewal a simple and graceful process:

1. **Assess the situation.** Go from room to room making a comprehensive list of everything you want to do in that room to make it clean and fresh.
2. **Create categories.** Break the room-by-room tasks into groups:
 - Decluttering – note items to swap out, store, donate, or sell.
 - Repairs – list things to fix or replace.
 - Housework - jot down things that need cleaning.

Grouping tasks saves time and energy!

3. **Dedicate time.** Set aside specific blocks of time for these tasks. A plan schedule ensures success.
4. **Get help.** Enlist the help of family members, friends, or a professional. A Certified Professional Organizer® can assist you with the decluttering process as well as keep you motivated and on task.

Consider these additional ideas. Swap out bedspreads and replace pillows; wash or replace throw rugs, shower liners, towels, sheets and curtains; trade out and move your winter clothing for lighter colors and fabrics; get the carpets and drapes cleaned; dust and vacuum thoroughly.

Spring brings new potential to all aspects of our lives. Cleaning up and clearing out are great and natural ways to revitalize and rejuvenate our homes and ourselves.